LISA
EKDAHL
MORE
OF THE
GOOD

LET'S GO TO SLEEP 03:27

I will sing myself into delirium, I will sing myself to sleep
in my sleep my heart is peaceful, in my sleep my love runs deep
let's go to sleep

Darling one this isn't failure, no no no it is a sign
happiness is 'round the corner, time to leave the old behind
darling one this isn't failure, is there really such a thing?
I'm just changing my direction, and I just wrote a song for me to sing

I will sing myself into delirium, I will sing myself to sleep
in my sleep my heart is peaceful, in my sleep my love runs deep
let's go to sleep

Darling one I am so tired, I just wanna rest my head
I just wanna rest my body, darling one let's go to bed
I'm a worshipper of beauty, the kind that's coming from within
come over here and get your beauty sleep,
'cause I just wrote a song for me to sing
I will sing myself into delirium, I will sing myself to sleep
In my sleep my heart is peaceful, in my sleep my love runs deep
Let's go to sleep

PLAYFUL HEART OF MINE 03:51

Bring in the clowns, bring in the clairvoyants
bring me a bird to sing me a song
bring me a blanket to wrap around my body
light me a fire when the night's coming on

Lay down your head, I'll play with your hair
and I will never go against this playful heart of mine

Laughter is holy, Cigano is wise
he's reading my face while he reads me my cards
bring me Cigano, I do need him now
to read in between the lines until he sees into my heart

Lay down your head, I'll play with your hair
and I will never go against this playful heart of mine
just lay down your head, I'll play with your hair
and I will never go against this playful heart of mine

Playful heart of mine

I KNOW YOU LOVE ME 03:43

Everything is hard until it's easy
have a little faith in me
everything is hard to grasp until you feel it
Everything is yours if you can dream it
have a little faith in me
everything is far away until you reach it
but every step leads to my destiny

I'm getting closer, a little closer
a little closer day by day
I wanna say it, I wanna proclaim it
I wanna tell it like it is now if I may
I know you love me, you just don't know it yet

You turn your nose up, you turn your nose up
you turn your nose up when I say
that I know you're hurting and you got your reasons
but I'm moving closer to you now if I may
I know you love me, you just don't know it yet

Everything is hard until it's easy
everything is dark until it's light
you can keep resisting me all you want
you can keep resisting with all your might
I know you love me, you just don't know it yet

I know you love me, you just don't know it yet

you just don't know it yet
you just don't know it yet

MORE OF THE GOOD 04:52

There is more of the good than the bad in this old rugged world
There is more of the good than the bad in this old rugged world

I hear that the world's going down, but I feel the world's going 'round
and that heaven is under our feet as well as over our head
I heard you cry through the night, and I feel the pain that you hide
but heaven is under our feet as well as over our head

There is more of the good than the bad in this old rugged world
There is more of the good than the bad in this old rugged world

I say it now and again, last night when we met in the rain
I said heaven is here in a kiss as well as here in the rain
the world is a mess that's for sure,
I know but I know something more
I know heaven was there in our kiss as well as there in the rain

There is more of the good than the bad in this old rugged world
There is more of the good than the bad in this old rugged world

THORN IN MY HEART 04:43

I don't wanna live not having forgiven you
I don't wanna die with this thorn in my heart
I don't wanna live not having forgiven you
don't know what to do, don't know where to start

This mind of mine is a narcotic, telling me all that you've done

This mind of mine is a narcotic,
but there's nothing new under the sun

I don't wanna say that you are the reason
I don't wanna say you're the cause of my pain
I don't wanna give you all that importance
but I guess that I do, I guess that is insane
This mind of mine is a narcotic telling me all that you've done
This mind of mine is a narcotic, but there's nothing new under the sun

I don't wanna live not having forgiven you
I don't wanna die with this thorn in my heart
Thorn in my heart
Thorn in my heart

This mind of mine is a narcotic telling me all that you've done
This mind of mine is a narcotic, but there's nothing new under the sun

I don't wanna live not having forgiven you
I don't wanna die with this thorn in my heart
I don't wanna live with this thorn in my heart

MERMAIDS 03:58

I'm getting thirsty for the marvelous
I'm getting hungry for the best
I'm getting thirsty for the meaningful oh God let us overlook the rest

I'm getting tired of this stuffy stuff
I wanna sink my teeth into
that which is tasty and delicious and I wanna do all that with you

Like mermaids we stay away from the shallow waters
like mermaids we dive into the deep
like mermaids we know that we can
rest in love if we just close our eyes and take a leap
I've been listening to the rain that falls
I've consulted every drop
I've been learning how to fall with trust
and I've been learning how to stop

I've been worshiping the stars above
I've consulted every sun
I've heard whispers about a love that burns
a love that shines on everyone

Like mermaids we stay away from the shallow waters
like mermaids we dive into the deep
like mermaids we know that we can
rest in love if we just close our eyes and take a leap

I'm getting thirsty for the marvelous
I'm getting hungry for the best
I'm getting thirsty for the meaningful
God let us overlook the rest

SWEET FEELING OF FREEDOM 04:05

I'm a sister, a daughter and a mother
I'm a girl, a woman and a lover

There was a time when shame was placed upon our shoulders
but we always got our innocence paired with our intelligence
and so it is
There was a time when shame was placed upon our shoulders
but we always got our kindness paired with inner firmness
and so it is

I'm a sister, a daughter and a mother
I'm a girl, a woman and a lover
and I can feel that

Sweet feeling of freedom
sweet feeling of freedom
sweet feeling of freedom
rolling in, rolling in

There was a time when the oppression was so normalized
so that people would not hear you even when you spoke up clearly
but that was then
Now is the time to whisper softly in our daughters' ears
girl I can see the new horizon, you are loved and that's forever
and so it is

I'm a sister, a daughter and a mother
I'm a girl, a woman and a lover
and I can feel that

Sweet feeling of freedom
sweet feeling of freedom
sweet feeling of freedom
rolling in, rolling in

THE MOON CAN NOT BE STOLEN 03:34

The moon can not be stolen, love can not be lost
love is what you are, truth will set you free
love is merely hidden, love can not be lost
love is what you are and you're beautiful to me

No one will take away my gayety, my verve
no one will steal the yellow moon
no one will take away this flame in my heart
I am exploding soon, I'm coming out of my cocoon

Your steam can not be hidden when coming from within
the pressure's getting high, let go or you'll explode
I wanna see you happy, I wanna see you well
put that burden down, I'll help you to unload

No one will take away my gayety, my verve
no one will steal the yellow moon
no one will take away this flame in my heart
I am exploding soon, I'm coming out of my cocoon
I'm coming out of my cocoon
I'm coming out of my cocoon

The moon can not be stolen, love can not be lost
love can not be lost and truth will set you free
love is what you are, truth will set you free

IN DREAMS 03:06

In dreams I go into the different realms
In dreams I leave the physical behind
In dreams I travel light without the weight
of this old, dense body of mine

In dreams I swirl into the different worlds
In dreams the universe is mine to see
In dreams I travel light without the weight
of this world, in dreams I am free

In dreams life whispers to me all the time
In dreams I know my inner being
In dreams life whispers to me all the time
In dreams there is a deeper way of seeing

In dreams I get to look behind the veil
In dreams I'm everything that I can be
In dreams my love is reaching ecstasy
In dreams, in dreams I am free

Mmmmmmm ...
In dreams, in dreams I am free

CROWN OF LOVE 03:54

Give me that sweet sweet lovin' my sweet boy
put that crown of love on my head like I deserve
give me that sweet sweet lovin' my sweet boy
tell me the sweetest words of love that I have ever heard

I took the royal road to your heart 'cause I know all the shortcuts
I know what you like and I'm willing to give it for free
I'm also willing to labour real hard for your trust
I earned that crown of love, come on give it to me

Give me that sweet sweet lovin' my sweet boy
put that crown of love on my head like I deserve
give me that sweet sweet lovin' my sweet boy
tell me the sweetest words of love that I have ever heard

I'm not saying that living a life of love is that easy
I say living a life without love is no life at all
the royal road is like walking the edge of a razor
but boy we can be heroes let's not pretend that we're small

Give me that sweet sweet lovin' my sweet boy
Give me that crown of love
Give me that sweet sweet lovin' my sweet boy
Give me that crown of love

ALL SONGS WRITTEN BY **LISA EKDAHL**

PRODUCED & ARRANGED BY **MATHIAS BLOMDAHL**
RECORDED AT STUDIO ATLANTIS BY **JANNE HANSSON**
& THE WHITE ROOM BY **MATHIAS BLOMDAHL**
MIXED BY **MATHIAS BLOMDAHL**
MASTERED BY **HOFFE STANNOW** AT **COSMOS MASTERING**
PHOTOGRAPY **ANDERS THESSING**
VISUAL MAGICIAN **ANNE-CHRISTINE AXELSSON**
ART DIRECTOR **KARL-MAGNUS BOSKE**

MATHIAS BLOMDAHL GUITARS, ELECTRIC BASS, BACKGROUND VOCALS, PERCUSSION, MELLOTRON & DRUM PROGRAMING
ANDREAS NORDELL UPRIGHT BASS & BACKGROUND VOCALS
FREDRIK DAHL DRUMS & PERCUSSION
MILTON ÖHRSTRÖM PIANO & VIBRAPHONE
PER "TEXAS" JOHANSSON SAXOPHONES, CLARINET & FLUTE
NILS TÖRNQVIST DRUMS ON "SWEET FEELING OF FREEDOM"
ABDELLAH TAÏA FRENCH LYRIC & VOICE ON "CROWN OF LOVE"
ANE BRUN VOCALS ON "SWEET FEELING OF FREEDOM"
DESMOND FOSTER VOCALS ON "THORN IN MY HEART" & BACKGROUND VOCALS
IBRAHIM MAALOUF TRUMPET ON "I KNOW YOU LOVE ME"
ERIK ARVINDER STRING ARRANGEMENT ON "I KNOW YOU LOVE ME"
DEAR OLD STOCKHOLM 25 PIECE ORCHESTRA ON "I KNOW YOU LOVE ME"

P 2018 LISA EKDAHL MUSIK UNDER EXCLUSIVE LICENSE TO SONY MUSIC ENTERTAINMENT FRANCE S.A.S.
© 2018 LISA EKDAHL AB UNDER EXCLUSIVE LICENSE TO SONY MUSIC ENTERTAINMENT FRANCE S.A.S.

OKeh SONY MUSIC